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Frequently Asked Questions about LASER Myopia / Hyperopia / Astigmatism

Why should I have laser surgery? What benefit will I have?

If you are a user of eyeglasses or contact lenses, the science of ophthalmology using high technology allows you to get rid of them forever.

The benefits are multiple such as: a significant improvement in the quality of life in everyday life, unlimited participation in sports and other activities, aesthetic renewal, avoidance of intolerance from continuous use of spectacles and contact lenses, enhancement of feeling of security and self-confidence.

In any case, consider not as an intervention but as an investment to upgrade the quality of your life.

Are I a suitable candidate for eye surgery using the laser method?

If you are over 20 years of age and have no chronic retinal diseases in the eye cornea or any other ophthalmological condition then you are likely to be fit. You should have fixed degrees of refractive correction for at least one year. For women, refractive surgery should not coincide with pregnancy or breastfeeding.

Who can not laser eye surgery?

For some patients the potential risks are greater than the intended result.

The main reasons for deterrence are:

- Diseases that do not allow the body to directly heal wounds such as rheumatoid arthritis, lupus and other autoimmune diseases.
- Diseases accompanied by thinning of the cornea, such as keratoconus.
- Taking medication that may have effects on the eyes such as some acne medications.



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What is preoperative control?

Preoperative testing is a set of specialized examinations that will determine if the refractive surgery is appropriate for your eyes as well as which technique will be applied.

In order to achieve accurate measurements, soft contact lens users should avoid using contact lenses for at least 14 days prior to preoperative testing, while for users of hard lenses their abstinence is usually one month.

How does laser surgery work?

The procedure lasts about 10 minutes for each eye and the patient simply needs to lie down on the back. Anesthesia is local and is done only with drops so that it completely fades the eyes. All the rest are taken care of by your ophthalmologist.

Is laser surgery painful? Will I have a nuisance after?

The surgery is almost painless because it is done with anesthetic drops. Some patients feel a slight discomfort after the anesthetic effect lasts for a few hours. It can also cause sensitivity to light for a few days after surgery.

How fast will I see after the laser?

Vision restoration is very fast (especially with the lasik method). Most patients usually see the day after surgery. Your vision during the first 6 hours after surgery will be slightly blurred and may have a mild sensitivity. Calculate 2-4 days for gradual return to work. Your life without glasses begins immediately after surgery. For the next 6 months, your dilation may fluctuate slightly until it finally stabilizes.



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Is the correction permanent?

The refractive correction is permanent.

Do I need special care after my eyes?

Use the eye drops and moisturizers recommended by your doctor. In the first few weeks after the laser, there are frequent use of several drops, which dilutes subsequent postoperative weeks. Try not to rub or touch your eyes for at least 3 weeks after surgery. With any indication of pain, severe redness or reduced vision, you should contact your doctor immediately.

When can I wash my hair, shower or swim?

You can wash your hair or shower with care, but do not drop water or soap in your eyes. It is forbidden to swim in a pool or sea for at least 6 weeks.

When can I go back to my job?

Returning to work depends on the individual and type of work. Most patients may return to work soon after the surgery. If you can, we would suggest that you avoid hard work in the next few days, as well as engaging in sports activities.

Will I need glasses for reading after the laser?

Patients under the age of 40 usually read well after surgery. Patients over the age of 40 may need glasses to read very small letters. For close vision after the 45th year, helmets will be necessary if we have not chosen the monovision solution.



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Can I drive after surgery?

Avoid driving immediately after surgery. Usually we can drive the next day, but do not drive until your doctor has allowed you.

When can I use makeup in my eyes?

Do not use eye makeup for 3 weeks and avoid using mascara for about 1 month after surgery.

How Do I Protect My Eyes?

Wear sunglasses with 100% UV protection during the day. Avoid places with dust, smoke, air.

Is the intervention safe?

After surgery, side effects are generally minimal. Due to the development and experience gained, the complications are becoming more and more rare so today we can say that the chances of contact lens infection are greater than the chance of complication during the refractive surgery.

How often are post-operative controls required?

Postoperative visits are an essential part of laser surgery and their frequency is personalized. They are usually frequent in the first few weeks and then diluted afterwards.

Is it possible to remain myopia, hyperopia, or astigmatism?

The likelihood of a certain myopia, hyperopia, or astigmatism remaining after surgery is minimal. Tenth myopia, hyperopia or astigmatism remain when your eye reacts differently than expected in Laser therapy. A new correction can in many cases be made, but for less than one degree it is usually not recommended.