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## **Frequently Asked Questions about the Eye Cataract**

### **What is a cataract?**

Inside the eye there is a crystalline lens that is naturally transparent and focuses incoming light on the retina at the back of the eye.

When cataract occurs, the lens blurs, resulting in reduced light and consequently diminished vision.

### **How is the cataract treated?**

The treatment of the cataract is surgical and becomes bloodless. With special small surgical methods, we remove the blurred lens of the eye and replace it with a suitable artificial intraocular.

### **When Should I Make Cataract Surgery?**

It is a surgery when vision is reduced to an extent that affects and impedes daily activities such as driving, television, reading. If the cataract does not operate then the vision will continue to decrease progressively, while making the procedure more difficult over time.

### **What benefit will I get from the surgery?**

The main benefit is the improvement of vision distant and close, with consequent improvement in quality of life. Also, after removing the blurred lens, your ophthalmologist may have a clearer picture of the back of the eye, making it easier to treat conditions that may coexist such as glaucoma, macular degeneration, and diabetic / hypertension alterations.

### **Is the intervention safe?**

Cataract surgery is the most common surgical procedure in ophthalmology and is generally safe. For a successful surgical outcome, it is very important to have proper pre-operative control and all necessary measures are taken intraoperatively and post-operatively. Because of the evolution of technology and the experience gained, complications are becoming increasingly rare.





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### **How is surgery done?**

The surgery lasts about 20 minutes and usually each eye is treated separately. Anesthesia is usually local, with drops or a special gel, meaning the patient is awake but does not hurt. Microsurgical techniques remove the cataract lens of the eye and replace it with a special intraocular. After surgery, hospitalization is not required and the patient can return to his home.

### **Is cataract surgery painful? Will I feel annoyed after?**

The surgery is almost painless because it is done by applying appropriate local anesthesia. Some patients may experience micro-irritation or mild discomfort in the first few days after surgery, which gradually disappear.

### **How will my vision be after surgery?**

Vision improves progressively after surgery. In the first few days it may be slightly cloudy and in about 3-4 weeks we have the best result.

### **Will I need glasses after surgery?**

Visually absent glasses are usually not required or, if necessary, they are of a small degree (resting). For close vision (reading), it is usually necessary to use helmets. These are usually prescribed after four weeks of surgery. In any case, postoperative vision can be personalized according to the needs of each patient.

### **What should I look after after surgery?**

After surgery, the daily use of special colliers is necessary for at least four weeks. Try not to rub your eyes in the first postoperative days and avoid intense physical fatigue. Follow your ophthalmologist's advice and contact him immediately if you have severe pain or reduced vision.

### **Is it possible to create the cataract again?**

After removing the blurred lens, the cataract can not be recreated. In some cases, a so-called secondary cataract can easily be treated with laser.