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## **Frequently Asked Questions about the Eye Cataract**

### **What is a cataract?**

Inside the eye we have the lens that focuses light on the back of the eye (retina). In the cataract, this lens blurs, resulting in reduced vision.

### **How is the cataract treated?**

The treatment of the cataract is surgical and becomes bloodless. By special methods we remove the cloudy lens of the eye and replace it with a suitable artificial intraocular.

### **When Should I Make Cataract Surgery?**

It is a surgery when vision is reduced to an extent that affects and impedes daily activities such as driving, television, reading. If the cataract does not operate then the vision will continue to decrease progressively, while making the procedure more difficult in the long run.

### **What benefit will I get from the surgery?**

The main benefit is to improve the vision of the distant and close, with consequent improvement in the quality of life of the patient. Also, after removing the blurred lens, your ophthalmologist can have a clearer image of the back of the eye, making it easier to treat illnesses that may possibly coexist like glaucoma, macular degeneration, and diabetes / hypertension disorders.

### **Is the intervention safe?**

Cataract surgery is the most common ophthalmologic surgery and is generally safe. Because of the evolution of technology and the experience gained, complications are becoming increasingly rare.

### **How is surgery done?**

The surgery lasts about 30 minutes and usually each eye is treated separately. The patient after surgery does not need hospitalization and can go to his home.

### **Is cataract surgery painful? Will I feel annoyed after?**

The surgery is almost painless because it is done by applying appropriate local anesthesia. Some patients may experience micro-irritation or mild discomfort in the first few days after surgery.



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### **How will my vision be after surgery?**

Vision improves progressively after surgery. In the first few days it may be slightly cloudy and in about 4-5 weeks we have the best result.

### **Will I need glasses after surgery?**

Visually absent glasses are usually not required or, if necessary, they are of a small degree (resting). For close vision (reading) it is necessary to use auxiliary glasses. These are usually prescribed after four weeks of surgery. In any case, postoperative vision can be personalized according to the needs of each patient.

### **What should I look after after surgery?**

After surgery, the daily use of special colliers is necessary for at least four weeks. Try not to rub your eyes in the first postoperative days and avoid intense physical fatigue. Follow your ophthalmologist's advice and contact him immediately if you have severe pain or reduced vision.

### **Is it possible to create the cataract again?**

After removing the blurred lens, the cataract can not be recreated. In some cases, a so-called secondary cataract can easily be treated with laser.